

Better at Home



#102, 3201 - 30th Street, Vernon BC V1T 9G3

Hours: **Monday to Thursday | 9am to 4pm**

Phone: **250.545.0585** www.nexusbc.ca

Better at Home is a program that helps seniors with simple non-medical, day-to-day tasks so that they can continue to live independently in their own homes, and remain connected to their communities.

The North Okanagan Better at Home Program provides the following subsidized services subject to availability and funding.

Transportation & Grocery Shopping

We provide you with rides to appointments and assistance with grocery shopping.

Light Housecleaning

A professional housekeeper provides services to help you maintain a clean and healthy home.

Minor Home Repair

A handyman provides minor home repairs to help you maintain a safe home.

Light Yard Work

We help you with light yard work including raking, lawn mowing and weeding.

Cost: Fees for Better At Home services are priced on a sliding scale according to income.

Eligibility: Must be age 60+ and residing in Vernon, Armstrong, Lavington, Lumby or Cherryville.

To inquire about our services, please phone 250.545.0585 or email betterathome@nexusbc.ca



Jean is happy to have Better At Home volunteer driver Michelle help her with transportation to appointments and shopping.



Better at Home relies heavily on the participation of volunteers. Positions include driving seniors to appointments or for grocery shopping. Volunteers will receive reimbursement for fuel. If you have a green thumb or have a knack for fixing things, volunteers are also needed to do yard work and minor home repair.

If you can help with this program, please phone our office at 250.545.0585 or email betterathome@nexusbc.ca

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Better at Home is funded by the Government of British Columbia